



VOLUME
01

Paediatric Infectious Disease Perspectives (PIPS) Volume 01

Providing the latest evidence articles and perspectives for paediatric infectious disease to improve patient outcomes.



Infectious diseases continue to cause most deaths in infants and children¹

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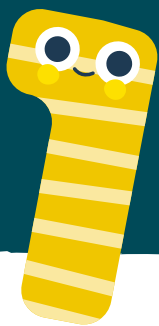


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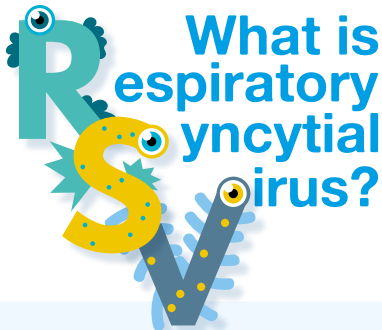
Antimicrobial Resistance in Enterobacteriales Infections Among Children in sub-Saharan Africa: a Systematic Review and Meta-analysis

Multiple choice questions for CPD points





Incidence and Transmission of Respiratory Syncytial Virus in Urban and Rural South Africa, 2017-2018



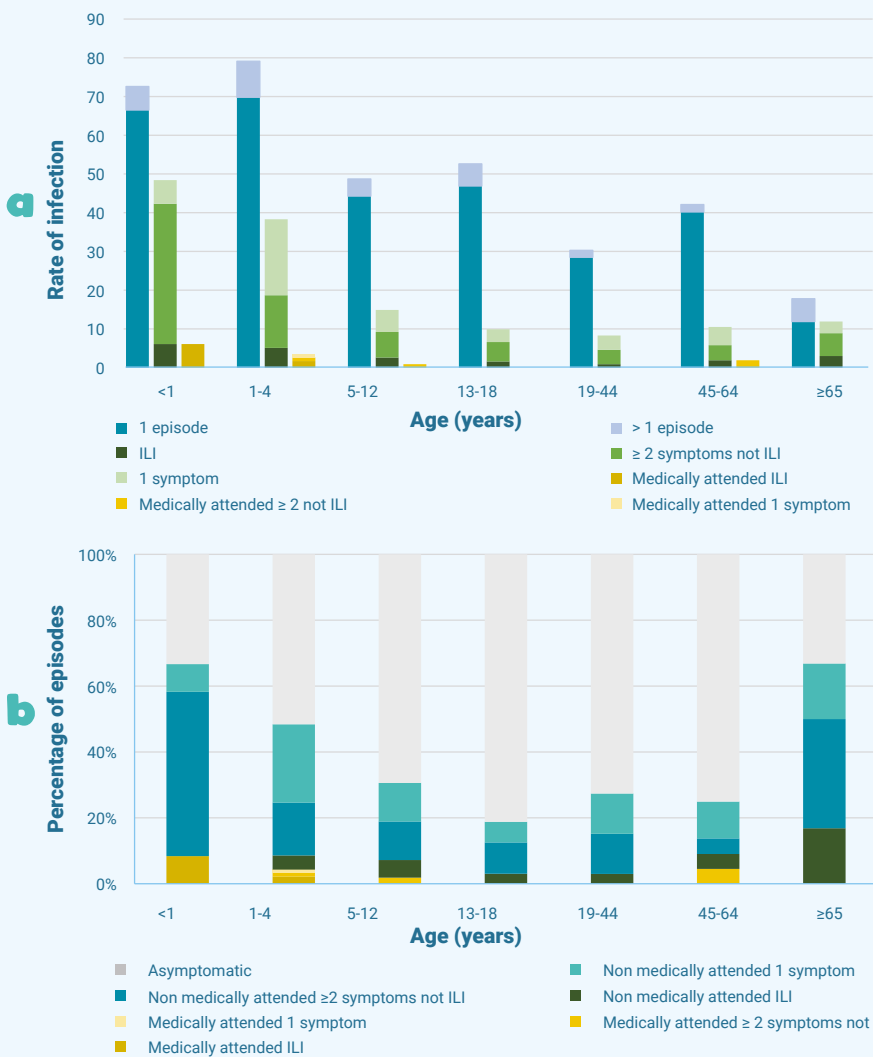
What is Respiratory syncytial virus?

“Respiratory syncytial virus (RSV) is the **most common cause of bronchiolitis and lower respiratory tract infection (LRTI) among young children** and may cause severe illness in young infants. The RSV season in South Africa usually precedes the influenza season, average onset at the end of February.” National Institute of Communicable Disease (NICD) 2024 ¹

Figure 1

Rates and symptomatic percentage of RSV infection and illness by age group at a rural and an urban site, South Africa, 2017-2018 ²

a Rates of RSV infections and RSV-associated illness per 100 person-years and **b** percentage of episodes by symptom and medical attendance.



Adapted from Cohen *et al.*
ILI – influenza-like illness (fever and cough).

Fast Facts Sheet ²



The incidence of **RSV infection** in rural and urban South African households is **high** (>45 per 100 person-years).



10 % of infected patients had a **repeat infection** in the same year.



1/3 of patients experienced **symptoms**.



Incidence **highest** among children **<5 years**.



RSV was estimated to cause **33 million** acute lower respiratory tract infections (ALRI) globally in 2019.



Among children **<5 years** of age, an estimated **3.6 million ALRI hospital admissions** and **>100,000 deaths**; approximately **2 %** of all-cause **deaths** in children aged 0–60 months.



Highest burden of disease (>97 %) occurs in **low- and middle-income countries (LMIC)** with three quarters medically unattended.



Incidence of RSV-associated ALRI is **greatest** among **infants** aged <6 months; an estimated **80 %** of RSV-associated ALRI among children aged <5 years occurs in children aged 6 months to 4 years.



There is also a substantial burden of severe RSV among older adults.

Study design and participants

A prospective cohort study, conducted in a **rural and an urban community** in South Africa from **2017 through 2018** over two seasons.

1,116 participants in 225 households. Each year nasopharyngeal swabs were collected twice a week for 10 months annually and tested for RSV using PCR.



Image source: freepik.com

Methods



Households **randomly selected** at each site.



Study conducted in a **rural site** (in Mpumalanga Province, situated within a health and socio-demographic surveillance system) and an **urban community** (North West Province) in South Africa from 2017 through 2018.



Households with >2 members and where $\geq 80\%$ of members individually consented to participate were enrolled.



Nasopharyngeal samples were collected using nasopharyngeal nylon flocked swabs.



Samples were **tested** for RSV by real-time reverse transcription polymerase chain reaction (**rRT-PCR**) using the FTD Flu/RSV detection assay.

Results

32 % (359/1116) of individuals had ≥ 1 RSV infection;

- 10 % (37/359) had repeat infection** during the same season,
- 33 % (132/396) of infections were symptomatic,**
- 2 % (9/396) sought medical care.**



Incidence was 47.2 infections/100 person-years and **highest in children <5 years** (78.3).



75 % (168/225) of households had at least one person testing RSV-positive each year.



Young **children** were more likely to **introduce RSV** into the households.



Most common **symptoms** reported were **cough** (80 %), **runny nose** (69 %) and **fever** (15 %).

Conclusions



Overall **75 % of households** had at least one **positive RSV test**.



Future **studies should examine** whether **vaccines targeting children** aged <12 years could reduce community transmission.



Within two South African communities, RSV attack rate was high, and most infections asymptomatic.

The study highlights the need for preventive strategies.



Incidence was **highest among children** aged <5 years (exceeding 70 infections per 100 person-years); children ≤ 12 years old accounted for **60 % of cases**.

References:

- <https://www.nicd.ac.za/start-of-the-respiratory-syncytial-virus-rsv-season-alert-to-clinicians/> last accessed 24th April 2024.
- Cohen C, Kleyhans J, Moyes J, McMorrow M L, Treurnicht F K, Hellferscee O, et al. Incidence and transmission of respiratory syncytial virus in urban and rural South Africa, 2017-2018. *Nature Communications*.

Hot topics in Paediatric Infectious Diseases in South Africa



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The “hot topics” mentioned here are a subset of the areas which require enquiry and a consolidated research focus if we are to approach the infant and child survival targets set by the Sustainable Development Goals. We each have our areas of interest and expertise.

What are your “hot topics” in the arena of childhood infections?

Expert Opinion David P. Moore

23 May 2024



I enjoy posing questions to the clinicians attending my ward rounds, encouraging them to come up with topics for research which may be conducted using the wealth of clinical cases available to us in our busy academic hospital. This is because a typical clinical round in an academic paediatric general ward in the South African public health sector serves as a barometer as to what types of infectious organisms are circulating in the community at large, and research is a means by which disease trends, aetiologies, treatment options and preventive strategies may be elucidated. On yesterday's round, **respiratory viruses** predominated, followed by presumed **severe bacterial sepsis**, and a case of suspected **tuberculosis**. Each of these speak to some of the “hot topics” in paediatric infectious diseases currently.

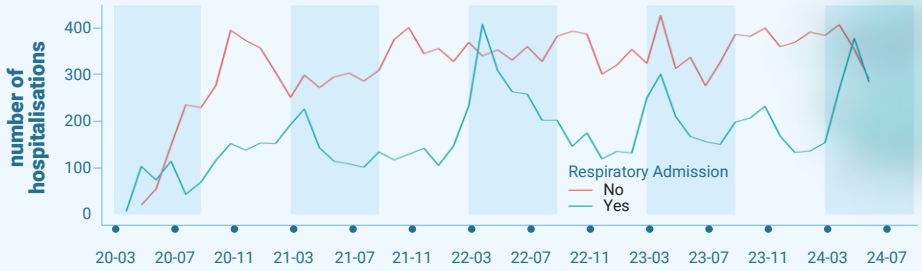
We are in the midst of the respiratory syncytial virus (RSV) epidemic, which typically begins in February each year and spans to August in South Africa.¹ The COVID-19 pandemic disrupted the circulation of respiratory viruses, including RSV, largely due to use of personal protective equipment and social distancing policies.



Figure 2

General Paediatric Admissions to Chris Hani Baragwanath Academic Hospital: March 2020 - May 2024

Light blue bars represent the 'traditional RSV season' (mid-February through August)



Graph supplied by Prof Moore



While no widely available, safe vaccine is available to prevent RSV in infants and children as yet, there are a number of vaccines under development,² and vaccines have been licensed for use in older adults in the United States and Europe.³

Vaccination of pregnant women has been shown to confer protection to their newborns against all-cause and RSV-associated hospitalisation.⁴ **The effectiveness of antenatal RSV vaccination programmes** in reducing the burden of hospitalisation among infants up to the age of 6 months will be important to model ahead of incorporation of a maternal vaccination programme in low-middle income countries (LMIC).



As lower respiratory tract infections (LRTI) are the leading cause of morbidity and mortality in young children globally, guideline recommendations and clinician preference are for the use of antibiotic treatment in children hospitalised with pneumonia. We have recently shown that step-down to oral antibiotic therapy, rather than continuation of intravenous antibiotic to complete 5 days of therapy as recommended by the World Health Organization (WHO), is safe.⁵



Step-down to oral antibiotic therapy, or **targeted antibiotic therapy based on point-of-care biomarker responses** in children with LRTI, or other infectious disease syndromes, may assist in minimising the overuse of



antibiotics in hospitalised children, thereby decreasing the rates of antibiotic resistant infections.

Antimicrobial resistance has been flagged as a threat to human health. Strategies to influence clinician behaviours in terms of optimisation of **infection prevention and control practice**, and to increase their awareness of more judicious utilisation of antimicrobials, are **urgently needed**.



Studies designed to sustainably impact on these aspects of clinical care may reverse the escalating trends in infections with **multi-drug resistant organisms** in our healthcare environments.



Detection and treatment of childhood tuberculosis is challenging, with only 71% (2.5 million) of the targeted 3.5 million children with tuberculosis accessing care worldwide from 2018 to 2022.⁶ (World Health Organization 2023)



Roll-out of more accurate and easy to administer **diagnostic tests for childhood tuberculosis** is essential to close this treatment gap. These require cost-effectiveness assessments and validation in routine clinical practice. Algorithms for the detection of tuberculosis in children need to be validated and refined across geographic regions, and response to WHO-recommended short-course therapy⁷ in programmatic settings needs to be assessed.”



References:

1. Staaedgaard, L., S. Caini, S. Wangchuk, B. Thapa, W. A. F. de Almeida, F. C. de Carvalho, R. A. Fasco, et al. 2021. "Defining the seasonality of respiratory syncytial virus around the world: National and subnational surveillance data from 12 countries." *Journal Article. Influenza Other Respir Viruses* 15 (6): 732–41. <https://doi.org/10.1111/iv.12885>.
2. Verwey, C., and S. A. Madhi. 2023. "Review and Update of Active and Passive Immunization Against Respiratory Syncytial Virus." *Journal Article. BioDrugs* 37 (3): 295–309. <https://doi.org/10.1007/s40259-023-00596-4>.
3. Venkatesan, Priya. 2023. "First RSV vaccine approvals." *Journal Article. Lancet Microbe* 4 (8): e577. [https://doi.org/10.1016/S2666-5247\(23\)00195-7](https://doi.org/10.1016/S2666-5247(23)00195-7).
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6. World Health Organization. 2023. *Global Tuberculosis Report 2023*. Online Report. Geneva, Switzerland: World Health Organization. <https://www.who.int/teams/global-tuberculosis-programme/tb-reports/global-tuberculosis-report-2023>.
7. Turkova, A., G. H. Wills, E. Wobudeya, C. Chabala, M. Palmer, A. Kinikar, S. Hissar, et al. 2022. "Shorter Treatment for Nonsevere Tuberculosis in African and Indian Children." *Journal Article. N Engl J Med* 386 (10): 911–22. <https://doi.org/10.1056/NEJMoa2104535>.



Causes of Death Among Infants and Children in the Child Health and Mortality Prevention Surveillance (CHAMPS) Network ¹

Study Background ¹

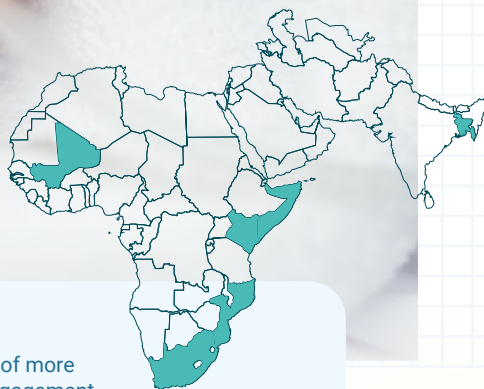
Despite the number of deaths of younger children decreasing worldwide, in 2019 an estimated 5.3 million deaths occurred. 2.8 million (53 %) deaths were recorded in children less than 5 years of age. ¹



Image source: freepik.com

53%

of deaths in children less than <5 years ¹



The CHAMPS network is a collaborative effort of more than 135 global partners, including ongoing engagement with National Public Health Institutes, governments, incountry organizations, universities, and program office staff from the Emory Global Health Institute, the International Association of National Public Health Institutes, Public Health Informatics at the Task Force for Global Health, Deloitte and the United States Centers for Disease Control and Prevention. ²

CHAMPS sites are located in Sub-Saharan Africa and South Asia. These regions account for approximately 82 percent of the world's under-five deaths each year. ²

- champshealth.org



Understanding the causes of death in children under five is crucial for improving global child health outcomes. ¹

Traditional methods of mortality surveillance often lack accuracy, particularly in low-income countries. ¹

Study Purpose ¹



To describe and identify underlying, intermediate, and immediate the **causes of childhood mortality** across seven surveillance sites in sub-Saharan Africa and South Asia. ¹

Study Design ¹



Data of deceased children aged 1 to 59 months was extrapolated from the Child Health and Mortality Prevention Surveillance (CHAMPS) Network (for the period December 3, 2016, to December 3, 2020). ¹



The cross-sectional study utilised minimally invasive tissue sampling (MITS) alongside **histopathologic analysis, microbiological diagnostics, clinical data, and verbal autopsies** for cause of death determination. **N = 632.** ¹

Endpoints ¹

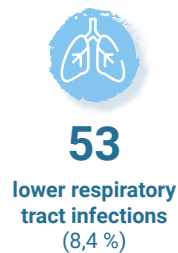
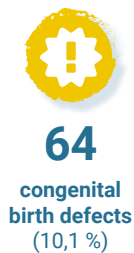


The primary endpoint was the identification of the underlying, intermediate, and immediate **causes of death** among the enrolled children. ¹

Results ¹

The study analysed data from **632 deceased children**.

The six most common underlying causes of death were:

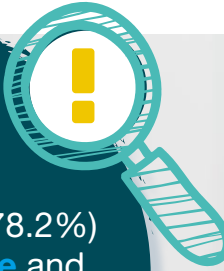
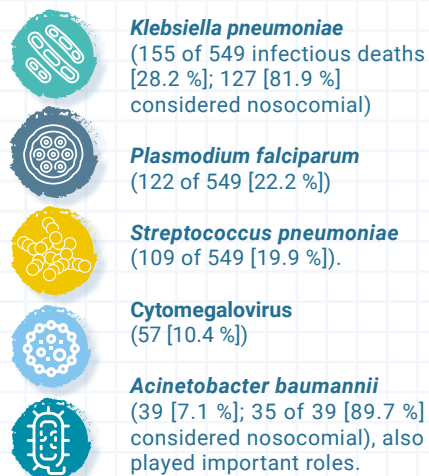


Most dominant immediate causes: ¹

1. sepsis (191 [36.7 %])
2. LRTI (129 [24.8 %])

An **infection** was present in 86.9 % of the cases. ¹

Contributing pathogens to infectious deaths: ¹



Potentially, 494/632 deaths (78.2%) were **preventable** and 26/632 deaths (4.1%) **preventable under certain conditions**. ¹

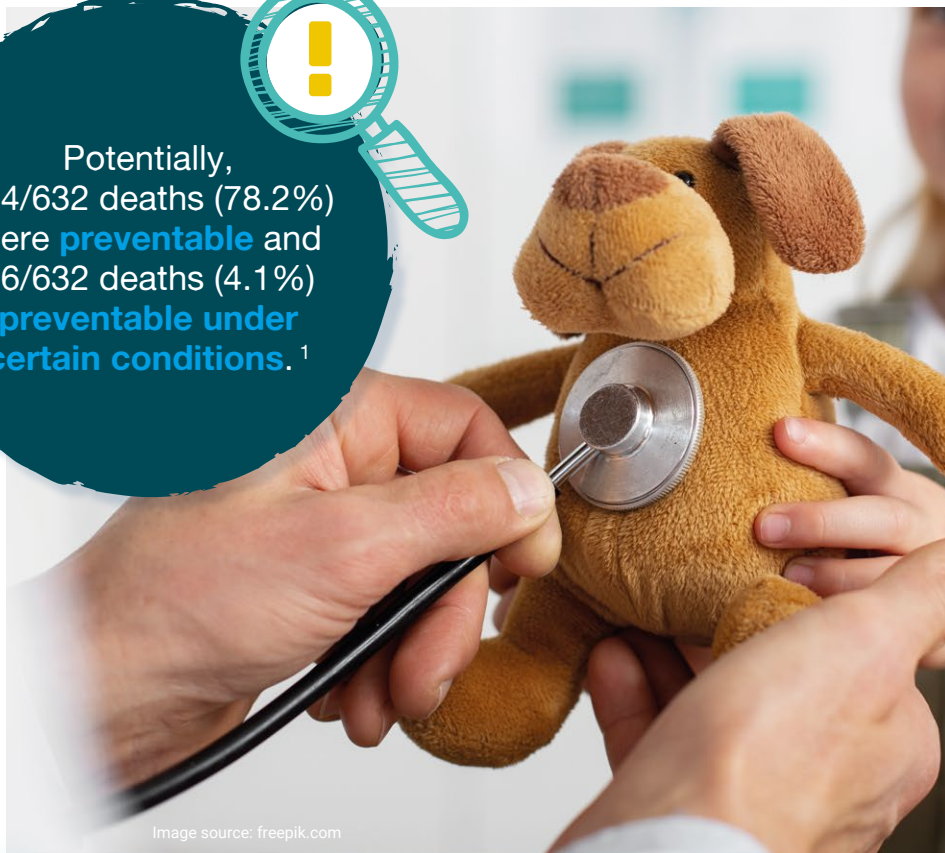


Image source: freepik.com

Conclusions ¹



The **CHAMPS** Network approach using MITS provides **valuable insights** into the causes of childhood mortality. The study highlights **infectious diseases** continue to cause **most deaths in infants and children**, often in conjunction with **malnutrition**. ¹



It provides the significant **opportunities for action to prevent deaths** and improve child survival through healthcare interventions and strategies to address maternal health risks. ¹



The significant mortality caused by ***S pneumoniae*** and ***H influenzae*** indicates gaps in protection against severe disease on account of **vaccination coverage**, disease caused by nonvaccine serotypes, or the high prevalence of underlying conditions reducing vaccine effectiveness, such as malnutrition. ¹

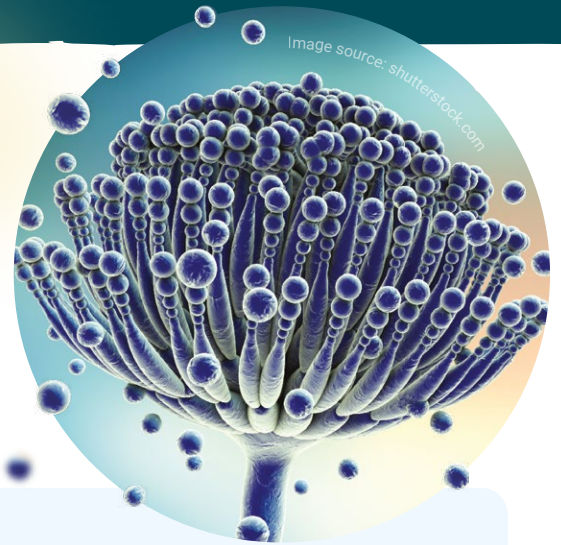
References:

1. Bassat Q, Blau D.M, Ogbuanu I U, Samura S, Kaluma E, Bassey I-A, et al. Causes of Death Among Infants and Children in the Child Health and Mortality Prevention Surveillance (CHAMPS) Network. *JAMA Network Open*. 2023;6(7):e2322494
2. www.champshealth.org. Last accessed 20 May 2024.



Invasive Fungal Infections in a Paediatric Intensive Care Unit in a Low-to middle-income Country

The rise of fungal pathogens and infections (invasive fungal infections – IFDs) is becoming a major public health entity worldwide.



The most vulnerable individuals are those with existing health conditions or compromised immune systems, including those with chronic lung disease, a history of tuberculosis (TB), HIV, cancer, and diabetes mellitus.



Additionally, critically ill patients in an intensive care unit (ICU), individuals undergoing invasive medical procedures and receiving broad-spectrum antibiotics, and those taking immunosuppressing medications are also at a higher risk.¹

WHO Fungal Priority Pathogen List, 2023



Infectious diseases are among the top causes of mortality and a leading cause of disability worldwide.



Drug-resistant bacterial infections are estimated to directly cause 1.27 million deaths and to contribute to approximately 4.95 million deaths every year, with the greatest burden in resource-limited settings.

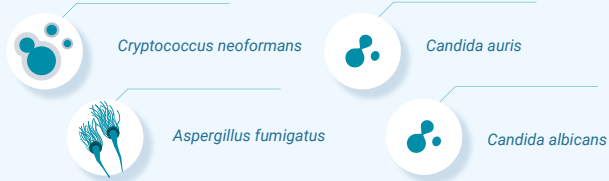


The diagnosis and treatment of IFDs are challenged by limited access to quality diagnostics and treatment as well as emergence of antifungal resistance in many settings.¹ WHO 2023.

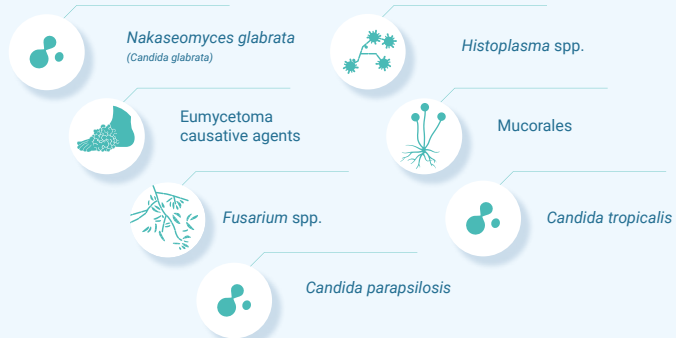
Figure 3

WHO fungal priority pathogens list

Critical Priority Group



High Priority Group



Medium Priority Group



Adapted from www.who.int

Abbreviations: WHO - World Health Organisation, spp. - species



Image source: shutterstock.com

Study Background

Invasive fungal infections (IFIs) pose a significant threat to critically ill children, particularly in low-to-middle-income countries (LMICs) where resource constraints and limited diagnostic capabilities can hinder early diagnosis and management. This study investigates the most common cause of healthcare-associated infections and outcomes of IFIs in a paediatric intensive care unit (PICU) setting.

Study Purpose



The primary aim of the study was to determine the prevalence of IFIs, types of fungal pathogens involved in children admitted to the PICU and to offer a basis for the efficient prevention and treatment of IFIs.

Methods



A retrospective study conducted in children <12 years of age, over a two-year period.



Children were categorised according to pre-defined microbiology criteria, if they had a positive culture from blood or other sterile sites.



Data gathered included demographics, invasive procedures, length of stay and mortality.



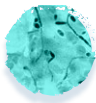
N = 1042. All children had received prior antibiotic therapy and had urinary catheterisation, whilst 97.2% had invasive ventilation with endotracheal tubes.



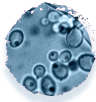
Two-thirds (63.4%) had central catheters in place and almost half (44.4%) had previous surgery.

Results

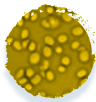
- Patients admitted – 1 042.
- 56.8 % (N = 592) were male.
- Median length of stay was 18 days (mean ± SE 18.6±8.9) for IFI vs 7.3 days for children with a bacterial infection.
- IFI was identified in 35 cases per 1 000 admissions, with 77.7 % < 1 year of age.
- In-hospital mortality for IFI was 36% compared with 16% for all admissions.
- Findings confirmed that colonisation was more prevalent than IFI.



Candida was the predominant fungal pathogen identified in the PICU



C. albicans accounted for 36.1% of all invasive isolates



C. glabrata is more prevalent in surgical patients or those with a central venous line;



C. tropicalis is more common among patients with malignant disease or neutropenia;



C. parapsilosis is frequently seen among infants or those on parenteral nutrition.

Invasive fungal infections are associated with an overall mortality of 11%.

Image source: commons.wikimedia.org / microbenotes.com

Conclusions



- Early appropriate therapy of IFI is imperative with high-performance antifungal drugs.
- IFIs are more common with indwelling invasive devices (especially in young children).
- The dominance of *Candida* and specifically *C. albicans* in PICU
- IFIs are common among infants, these patients have a higher mortality rate and prolonged hospital stay.

References:

1. World Health Organisation (WHO) fungal priority pathogens list to guide research, development and public health action 2023.
2. Hlophe ST, Jeena P M, Mahabeer Y, Ajayi O R, Govender N P, Ogunsakin R E, Masekela R. Invasive fungal infections in a paediatric intensive care unit in a low-to middle-income country. *Afr J Thoracic Crit Care Med* 2022;28(3):104-108

Antimicrobial Resistance in Enterobacterales Infections Among Children in sub-Saharan Africa: a Systematic Review and Meta-analysis



Methods



The researchers searched medical databases for studies published between 2005 and 2022 that investigated AMR patterns in Enterobacterales causing infections in children aged 0-18 years in SSA.



Researchers excluded studies that lacked clear documentation of how they tested antibiotic susceptibility.



Additionally, studies with very few results (less than 10) for a specific bacteria were excluded to avoid basing conclusions on limited data.



To further ensure data quality, two independent authors reviewed and evaluated the remaining studies. The main focus of the analysis was to determine the percentage of Enterobacterales bacteria resistant to antibiotics commonly used to treat children's infections.



Study Background

Sub-Saharan Africa (SSA) faces a significant burden of antimicrobial resistance (AMR), particularly among children. It has been estimated that sub-Saharan Africa (SSA) has the world's highest incidence of deaths due to antimicrobial resistance (AMR). Enterobacterales are common bacteria causing infections in children, and increasing resistance to antibiotics used for treatment is a growing concern.



Results

1111 records were screened, 122 relevant studies included providing data on more than 30,000 blood, urine and stool isolates.

The analysis revealed high proportions of resistance to commonly used antibiotics for treating Enterobacterales infections in children across sub-Saharan Africa.

Here are some key findings:



Escherichia coli and *Klebsiella* spp. were the predominant species, both presenting high proportions of resistance to third-generation cephalosporins, especially in blood cultures.



E. coli, a common Enterobacterales species, showed high resistance to ampicillin (around 92.5%) and gentamicin (over 42%).



Gentamicin resistance was also prevalent in *Klebsiella* spp. (over 77%).



These antibiotics are often used empirically for initial treatment of infectious syndromes in children.

Conclusions

The study highlights a critical issue of high AMR in Enterobacterales causing infections among children in sub-Saharan Africa. This resistance poses a challenge for effective treatment, potentially leading to poorer outcomes.

The findings emphasise the need for:



Improved local surveillance of AMR patterns to inform clinical practice guidelines.



Development of strategies to curb the emergence and spread of AMR in this region.



Urgent need to strengthen local-level capacities in microbiological analysis in SSA to support antimicrobial stewardship measures.



Strengthening infection prevention and control in healthcare services would dramatically improve patients' outcomes in the region.

Reference:

Morgane Kowalski, Basillice Minka Obama, Gaud Catho, Juan Emmanuel Dewez, Arnaud Merglen, Micaela Ruef, Diego O. Andrey, Nasreen Hassoun-Kheir, Marlieke E. A. de Kraker, Christophe Combescur, Stephane Emonet, Annick Galetto-Lacour, and Noémie Wagner. Antimicrobial resistance in Enterobacterales infections among children in sub-Saharan Africa: a systematic review and meta-analysis. *eClinicalMedicine* 2024;70: 102512



Multiple Choice Questions for CPD points

Submit your answers on
www.medicalnewsletters.com



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Questions 1 to 4 refers to article:

“Incidence and transmission of respiratory syncytial virus in urban and rural South Africa, 2017-2018”

1. What was the primary focus of the study by Cohen *et al.* regarding RSV in South African households?

- a) To develop a vaccine against RSV
- b) To compare RSV infection rates between urban and rural areas only
- c) To describe the incidence (frequency) and transmission patterns of RSV infection
- d) To assess the effectiveness of different medications for treating RSV

2. According to the study, what age group had the highest RSV infection rate?

- a) Adults over 65 years old
- b) Children between 1-4 years old
- c) Children under 5 years old
- d) All age groups had similar rates

3. The study suggests that individuals with which of the following characteristics were more likely to transmit RSV to others in the household?

- a) Those who were under 12 years old and had no symptoms
- b) Those who were over 65 years old and experienced a fever
- c) Those who received a flu shot in the previous month
- d) Those who did not live in close quarters with other household members

4. Based on the study findings, which statement is most likely true regarding future RSV prevention strategies?

- a) Targeting elderly individuals for vaccination would be the most effective approach.
- b) Focusing solely on improving hygiene practices in households may not be sufficient.
- c) Investigating vaccines for children under 12 years old could be a promising avenue.
- d) Development of RSV treatment medications should be prioritized over vaccines.

Questions 5 to 8 refers to article:

“Causes of Death Among Infants and Children in the Child Health and Mortality Prevention Surveillance (CHAMPS) Network”

5. Which age group did the CHAMPS Network study focus on?

- a) Infants under 1 year old only
- b) Children under 5 years old only
- c) Infants and children under 18 years old
- d) All ages

6. What was the primary endpoint (goal) of the study by Bassat *et al.*?

- a) To compare MITS with traditional methods for cause of death determination.
- b) To identify the most common causes of hospitalization in children.
- c) To determine the underlying, intermediate, and immediate causes of death in enrolled children.
- d) To assess the effectiveness of different treatment strategies for childhood illnesses.

7. According to the study, what was a significant underlying cause of death in neonates (newborn infants)?

- a) Birth defects unrelated to maternal health
- b) Prematurity and low birth weight (LBW)
- c) Childhood vaccinations
- d) Nutritional deficiencies

8. The study's findings suggest that which of the following interventions could potentially reduce child mortality?

- a) Implementing widespread childhood drug screenings
- b) Focusing solely on treating childhood malnutrition
- c) Improving access to basic healthcare and addressing maternal health risks
- d) Encouraging later childbearing ages for mothers



Multiple Choice Questions for CPD points

Submit your answers on
www.medicalnewsletters.com



Questions 9 to 12 refers to article:

“Invasive fungal infections in a paediatric intensive care unit in a low-to middle-income country”

9. The study by S.T. Hlophe focused on IFIs in critically ill children admitted to a:

- a) General paediatric ward
- b) Neonatal intensive care unit (NICU)
- c) Paediatric intensive care unit (PICU)
- d) Emergency department

10. Which diagnostic method was most likely used to confirm IFIs in this study?

- a) Chest X-ray
- b) Physical examination only
- c) Positive culture from blood or sterile sites
- d) Patient interviews about symptoms

11. According to the study, what was the most common fungal pathogen isolated from children with IFIs?

- a) *Aspergillus fumigatus*
- b) *Candida* species
- c) *Mucorales* spp.
- d) *Scedosporium* spp.

12. The high mortality rate associated with IFIs in this study highlights the importance of:

- a) Implementing stricter hospital visitation policies
- b) Focusing solely on treatment with powerful antifungal medications
- c) Early diagnosis and development of preventive measures for high-risk patients
- d) Discontinuing the use of invasive medical devices in PICUs

Questions 13 to 16 refers to article:

“Antimicrobial resistance in Enterobacterales infections among children in sub-Saharan Africa: a systematic review and meta-analysis”

13. What was the main design used in this study by Morgane Kowalski to assess AMR in Enterobacterales infections?

- a) A large-scale clinical trial testing a new antibiotic
- b) A single hospital study comparing different treatment regimens
- c) A systematic review and meta-analysis of existing research
- d) Case studies of children with severe Enterobacterales infections

14. The study focused on AMR patterns in Enterobacterales isolated from children with infections in:

- a) All age groups
- b) Infants under 1 year old only
- c) Children under 5 years old only
- d) Adolescents aged 10-18 years old

15. Which of the following findings about AMR in Enterobacterales is MOST LIKELY reported in the study?

- a) High resistance to antibiotics rarely used for treating children
- b) Low prevalence of AMR compared to developed countries
- c) No significant difference in resistance patterns between urban and rural areas
- d) High resistance to commonly used antibiotics for treating Enterobacterales infections in children

16. Based on the study's findings, what is a potential consequence of high AMR in Enterobacterales infections?

- a) Reduced effectiveness of childhood vaccination programs
- b) Development of new and more powerful antibiotics
- c) Increased need for hospitalization in children with infections
- d) Lower risk of contracting other childhood illnesses

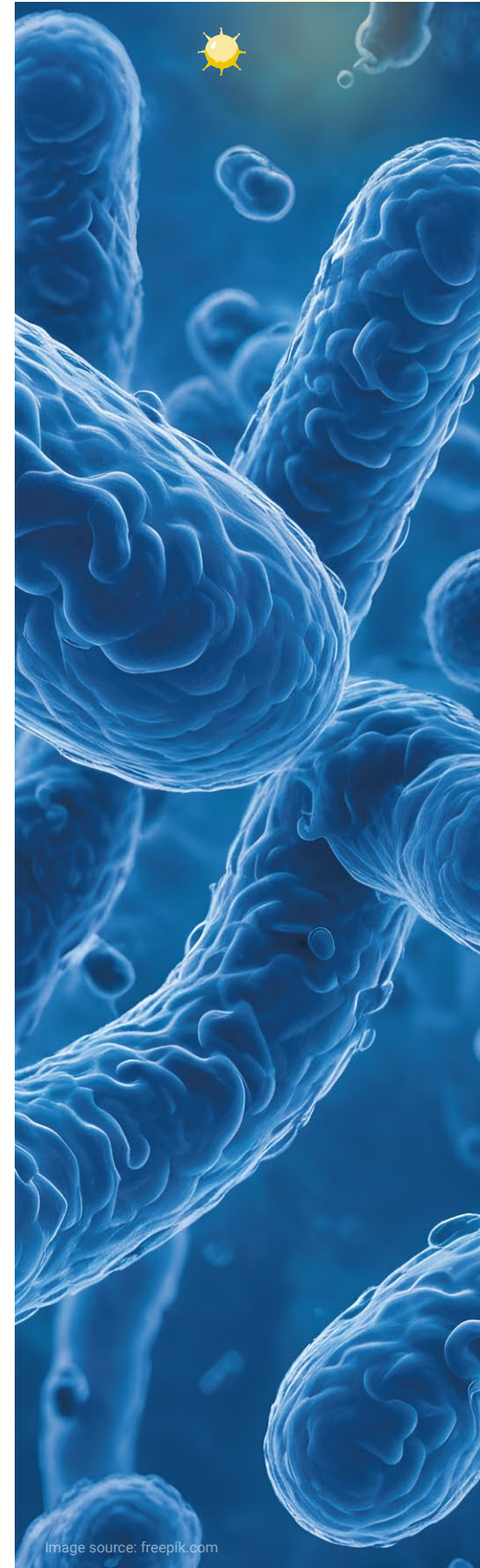


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